

Event program **Week C** Season 2018 / 2019

5.55PM WARM – UP & Announcements

Age Grp	Event 1	Event 2	Event 3	Event 4	Event 5	Event 6
U6F	SP	70m	50m	300m		
U6M	50m	70m	SP	300m		
U7F	LJ	70m	500m	50m		
U7M	LJ	70m	500m	50m		
U8F	Disc	700m	70m	60H (1) *		
U8M	Disc	700m	70m	60H (1) *		
U9F	800m	70m	SP	60H (1) *		
U9M	800m	70m	SP	60H (1) *		
U10F	SP	400m	60H (2) *	LJ		
U10M	SP	400m	60H (2) *	LJ		
U11F	400m	100m	60H (2) *	HJ		
U11M	400m	100m	60H (2) *	HJ		
U12F	HJ	60H (3) *	100m	400m		
U12M	HJ	60H (3) *	100m	400m		
U13-14F	TJ	80H (4) *	400m	200m	Disc	3000m
U13-14M	TJ	13B:80H (4) * 14B: 90H (4) *	400m	200m	Disc	3000m
U15F U15-17M	15G: 90mH 17G: 100mH 15-17M: 100H All position 4	400m	Disc	200m	TJ	3000m

***HURDLES:**

1 = 45cm (Lowest height)

2 = 60cm

3 = 68cm

4 = 76cm (Highest height)